

# “Run for Russ”

## Russ Miller Memorial 5K Run and Community Walk Saturday February 4, 2012

### Registration Fees:

Early Registration: \$25.00

After January 30: \$30.00

Group Registration: \$20.00/person  
(For groups of 15 or more)

Chino Police Department  
13250 Central Avenue  
Chino, CA 91710

**Registration:** 6:45 a.m.-7:45 a.m.

**Starting Time:** 8:00 a.m.

**Pancake Breakfast:** 9:00 a.m.

**Registration Includes:** Russ Miller Memorial T-Shirt and a pancake breakfast provided by the Chino Kiwanis Club. Light snacks will also be available after the race.

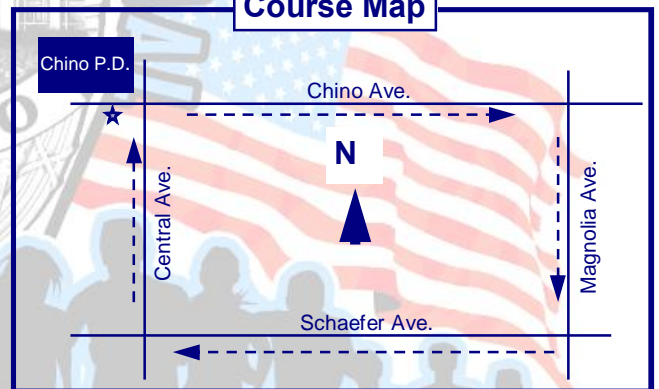
*The race will take place rain or shine UNLESS severe weather conditions threaten the safety of the runners (i.e., lightning, street closures, etc.). In the event of severe weather the race will be cancelled and will not be rescheduled. Registration fees will not be refunded.*

### Awards:

- Top 3 in each age group.
- Male and Female overall winners.

Race results available on-line at: [www.chinopoa.org](http://www.chinopoa.org)

### Course Map



Start/Finish is at the Chino Police Department. This is a flat, smooth course that takes participants past the Russ Miller Memorial site on Schaefer Avenue. There are water stations on the course and times given at each mile. Please **NO BIKES, ROLLERBLADES, or SCOOTERS** on the course.

**On-line registration now available at: [www.chinopoa.org](http://www.chinopoa.org)**

### REGISTRATION FORM (please print)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_ Shirt Size: **S** **M** **L** **XL**

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

**Make Checks Payable to:** Russ Miller Memorial Fund

**Mail Form and Payment to:** 13250 Central Avenue  
Chino, CA 91710

### FOR OFFICE USE

14 & Under _____	15-19 _____	20-24 _____	25-29 _____	30-34 _____
35-39 _____	40-44 _____	45-49 _____	50-54 _____	55-59 _____
60-64 _____	65-69 _____	70+ _____		

**Waiver:** In consideration of this entry, I hereby for myself, my executors, administrators and assignees, waive any and all right of claim for damages against the Chino Police Department, Chino Police Association, Russ Miller Memorial Fund, Prime Time, City of Chino, all sponsors, or any individual associated with said event for any and all injuries sustained by me in this event. Also, none of the above parties are responsible for the loss of personal items nor any other for aggravation in connection with the said event. I attest and verify that I am physically fit and have trained for this event. I grant full permission to sponsors and others to use photos, film of my participation in said event without liability or obligation to me. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

**Participant's Signature** (if minor, parent or guardian must sign) : \_\_\_\_\_ Date: \_\_\_\_\_