



“Run for Russ”

Russ Miller Memorial 5K Run and Community Walk

Saturday February 6, 2010

Chino Police Department
13250 Central Avenue
Chino, CA 91710

Registration: 6:45 a.m.-7:45 a.m.
Starting Time: 8:00 a.m.
Pancake Breakfast: 9:00 a.m.

Registration Fees:

Early Registration: \$20.00
After January 30: \$25.00
Group Registration: \$15.00/person
(For groups of 15 or more)

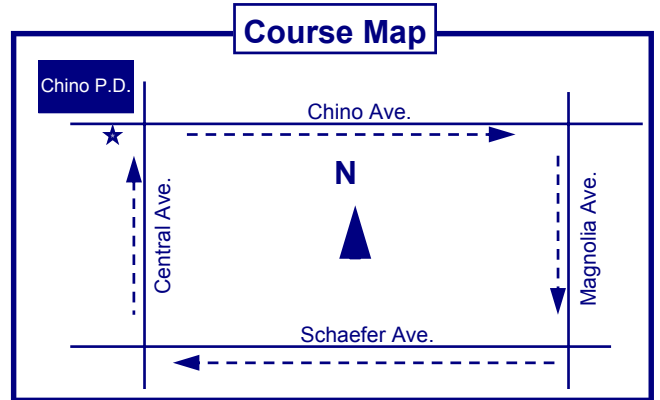
Awards:

- Top 3 in each age group.
- Male and Female overall winners.

Registration Includes: Russ Miller Memorial T-Shirt, Pancake Breakfast provided by the Chino Kiwanis Club. Light snacks will also be available after the race.

The race will take place rain or shine!

Registration forms & results on-line at:
www.chinopd.org



Start/Finish is at the Chino Police Department. This is a flat, smooth course that takes participants past the Russ Miller Memorial site on Schaefer Avenue. There are water stations on the course and times given at each mile. Please **NO BIKES, ROLLERBLADES, or SCOOTERS** on the course.

This event is made possible by the donations of our generous sponsors:

Chino Police Officer's Association
Chino Police Management Association
Chino Fireman's Association

Chino Kiwanis Club
Cal-Cover
Ontario Farmer's Market

West End Uniforms
White Towing

REGISTRATION FORM (please print)

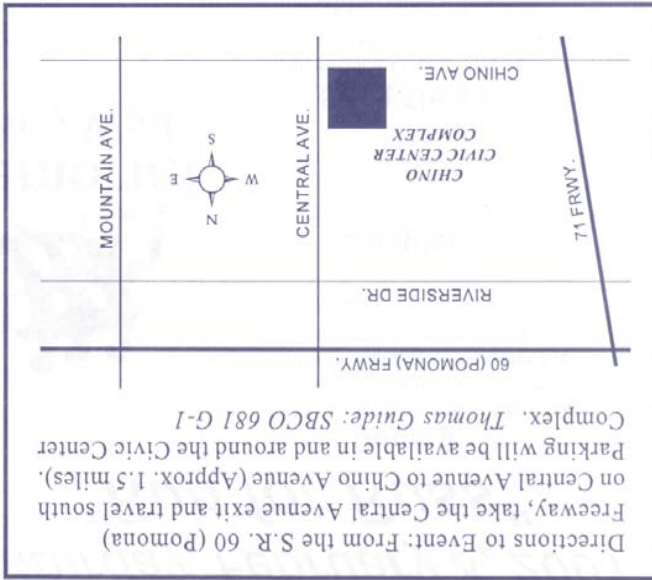
Last Name: _____ First Name: _____ Age: _____
 Address: _____ Male: ___ Female: ___ Shirt Size: **S** ___ **M** ___ **L** ___ **XL** ___
 City: _____ State: _____ Zip: _____ Phone: _____

Amount Enclosed: \$ _____
Make Checks Payable to: Russ Miller Memorial Fund
Mail Form and Payment to: 13250 Central Avenue
 Chino, CA 91710

FOR OFFICE USE				
14 & Under _____	15-19 _____	20-24 _____	25-29 _____	30-34 _____
35-39 _____	40-44 _____	45-49 _____	50-54 _____	55-59 _____
60-64 _____	65-69 _____	70+ _____		

Waiver: In consideration of this entry, I hereby for myself, my executors, administrators and assignees, waive any and all right of claim for damages against the Chino Police Department, Chino Police Association, Russ Miller Memorial Fund, Prime Time, City of Chino, all sponsors, or any individual associated with said event for any and all injuries sustained by me in this event. Also, none of the above parties are responsible for the loss of personal items nor any other for aggravation in connection with the said event. I attest and verify that I am physically fit and have trained for this event. I grant full permission to sponsors and others to use photos, film of my participation in said event without liability or obligation to me. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

Participant's Signature (if minor, parent or guardian must sign) : _____ Date: _____



CHINO POLICE DEPARTMENT
 13250 Central Avenue
 Chino, CA 91710
 WWW.CHINOPD.ORG

RACE DAY REGISTRATION
 6:45 a.m.-7:45 a.m.
 Run Begins: 8:00 a.m.
 Pancake Breakfast: 9:00 a.m.



**Russ Miller Memorial
 5K Run and Community Walk**
 13250 Central Avenue
 Chino, CA 91710



**Russ Miller Memorial
 5K Run and Community Walk**
 Saturday, February 6, 2010
 8:00 am

**FREE Pancake Breakfast
 for participants!**

Chino Police Department
 13250 Central Ave., Chino
 (909) 464-0715